



Honington CEVCP School

RHE and PSE Progression of Learning Outcomes - EYFS

The document below has been designed to show how we will cover all of the relevant PSHE knowledge and skills across our school. The context in which these are taught is left to the discretion of teachers, where possible trying to match the content to their year group's topic. Where this is not possible discrete lessons are taught.

	Me and my Relationships	Valuing difference	Keeping myself safe	Rights and responsibilities	Being my best	Growing and changing
EYFS	<p>Recognise how we are the same and different.</p> <p>Understand that it is ok to enjoy playing alone sometimes.</p> <p>Recognise our special skills and abilities.</p> <p>Describe objects, people and places which are special to us.</p> <p>Be able to name people you would ask for help.</p> <p>Recognise and describe different emotions.</p> <p>Have some ideas and solutions for how to deal with different emotions.</p>	<p>Recognise how and why we are special.</p> <p>Understand how we are the same and different.</p> <p>Understand that it is ok that we have similarities and differences.</p> <p>Understand that everyone's family and routines are different and special to them.</p> <p>Recognise that you can be kind through words and actions.</p> <p>Know how to make a friendship.</p>	<p>Discuss the different things we might put on our body and how these feel (e.g. clothes, shoes, coats, PJs, plasters and cream/ointment etc...)</p> <p>Discuss why we put different things onto our body.</p> <p>Recognise the different things we put into our</p>	<p>Identify the people in your family.</p> <p>Suggest ways in which you can help look after your family.</p> <p>Recognise when someone might need help from a friend.</p> <p>Know how to ask a friend for help.</p> <p>Suggests ways we could look after our classroom.</p> <p>Recognise the jobs people do at home to look after us and our family.</p> <p>Identify ways we can help at home.</p> <p>Understand what might happen if we didn't look</p>	<p>Discuss the phrase 'try, try and try again' to develop the understanding of resilience and not giving up.</p> <p>Set achievable goals and discuss how to reach them.</p> <p>Recognise ways to keep us healthy, including exercise.</p> <p>Understand why sleep is important.</p> <p>Understand the jobs different foods do for our body.</p> <p>Understand the importance of personal hygiene.</p> <p>Describe their bed time routine.</p>	<p>Name the four seasons.</p> <p>Recognise things which happen in each season.</p> <p>Know what happens after winter.</p> <p>Describe the lifecycle of frogs or butterflies and understand how this links</p>



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			<p>bodies (e.g. food, drink, medicine)</p> <p>Be able to describe why we put these things into our bodies.</p> <p>Understand who has to look after and give us medicines.</p> <p>Be able to name people who keep us safe.</p> <p>Describe ways in which you stay safe at home and outside.</p> <p>Identify people who they can ask for help to keep them safe.</p> <p>Know what to do to keep themselves safe. bodies (e.g. food, drink, medicine)</p> <p>Be able to describe why we put these things into our bodies.</p> <p>Understand who has to look after and give us medicines.</p> <p>Be able to name people who keep us safe.</p> <p>Describe ways in which you stay safe at home and outside.</p> <p>Identify people who they can ask for help to keep them safe.</p>	<p>after our home or classroom.</p> <p>Discuss ways in which we can look after our world.</p> <p>Understand why it is important to look after our world.</p> <p>Understand why we need to have money.</p> <p>Know where we put money to keep it safe</p>		<p>to other animals and plants.</p> <p>Recognise how we grow and change as we get older.</p> <p>Understand that we have different people in our lives at different times.</p> <p>Understand where babies come from.</p> <p>Know that families are all different and unique.</p> <p>Know that families are people who love us, keep us safe and care for us.</p> <p>Identify private parts of the body using the correct language.</p> <p>Understand that boys and girls have different private parts.</p>
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			Know what to do to keep themselves safe.			
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